COMPASSION
Compassion

Compassion supports connection. When students have an opportunity to recognize and act upon their natural feelings of compassion, they generally feel better about themselves and the world around them. Reading stories that demonstrate compassion is a great way to show children what it looks like.

This activity packet includes a selection of resources for educators, parents/caregivers, and students.

- **Booklist**: A recommended list of books about compassion.
- **Puzzles and Activities for Students**: Resources about compassion designed for independent student use.
- **Take-Home Activity**: An activity about compassion designed to help students continue learning at home.
- **Classroom Activity**: An activity about compassion designed for the classroom.

We suggest you print and copy the *Take-Home Activity* and *Puzzles and Activities for Students* pages and send them home to extend the learning.

For more reading resources, visit [www.RIF.org/Literacy-Central](http://www.RIF.org/Literacy-Central).

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Memory Match

Cut along the lines to create vocabulary cards. Then, mix them up and turn them over. Flip two cards at a time, using your memory to try to find word pairs. Use each page separately for an easier version, or put all the cards together for a bigger challenge.

heart
feelings
help
grace
empathy
understanding

heart
feelings
help
grace
empathy
understanding
**Memory Match**

Cut along the lines to create vocabulary cards. Then, mix them up and turn them over. Flip two cards at a time, using your memory to try to find word pairs. Use each page separately for an easier version, or put all the cards together for a bigger challenge.

<table>
<thead>
<tr>
<th>support</th>
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<tbody>
<tr>
<td>curiosity</td>
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</tr>
<tr>
<td>kindness</td>
<td>kindness</td>
</tr>
<tr>
<td>friendship</td>
<td>friendship</td>
</tr>
<tr>
<td>caring</td>
<td>caring</td>
</tr>
<tr>
<td>hug</td>
<td>hug</td>
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Crossword Puzzle (easier)

Name: ___________________________ Date: _______________________

Answer clues based on the content and vocabulary words for the topic of Compassion. Look for hints in the Word Bank.

Across

5. Home is where the ___ is!
6. ___ is concern for others.

Word Bank

| COMPASSION | GRACE |
|HEART      | CARING |
|FEELINGS   | HELP  |

Down

1. We can have our ___ helped or hurt by another’s words.
2. Displaying kindness & concern for others.
3. When we are compassionate, we give others ___ for living.
4. We can all offer ___ to others in need.
Crossword Puzzle (harder)

Name: ___________________________ Date: ___________________________

Answer clues based on the content and vocabulary words for the topic of Compassion. Look for hints in the Word Bank.

Across
5. ___ is to accept others as they are.
7. Compassion & ___ go hand in hand in helping others.
8. Insight or good judgment.
9. Compassion comes from the ___.
10. ____ is a big part of being compassionate.

Down
1. Offer ___ to others in need.
2. ____ is understanding another person's circumstance.
3. ____ is the ability of a person to recover from difficulty.
4. To have a ____ be a ___ first!
6. Concern for the suffering of others.

Word Bank

<table>
<thead>
<tr>
<th>COMPASSION</th>
<th>HEART</th>
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</thead>
<tbody>
<tr>
<td>SUPPORT</td>
<td>KINDNESS</td>
</tr>
<tr>
<td>FRIEND</td>
<td>TOLERANCE</td>
</tr>
<tr>
<td>EMPATHY</td>
<td>UNDERSTANDING</td>
</tr>
<tr>
<td>ACCEPTANCE</td>
<td>RESILIENCE</td>
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Mystery Word Decoder

A = 🌸
H = 🌸
E = 🌸

G = 🌸
O = 🌸
L = 🌸

P = 🌸
R = 🌸
S = 🌸

T = 🌸
U = 🌸

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Until every child reads

Dollar General Literacy Foundation
Word Search (easier)

Find the words in the list below.

C E C W M G B C O V
V G P Y F D Y O J F
F R I E N D Y M C O
U A R H R R I P W M
C C Y E T H E A R T
F E E L I N G S T S
Y J U P L K A S Y N
E P H A C A R I N G
O M G S U P P O R T
T A U S N R C N W M

Word Bank

COMPASSION     HEART     FEELINGS
HELP           GRACE     SUPPORT
FRIEND         CARING
Word Search (harder)

Find the words in the list below.

Y B N S T H G N V U M D T
C A R E S I L I E N C E E
M C E G U T L G D D N W F
H C M T P M A R N E A Y S
T E P M P L R O S R H S U
O P A N O K T U G S W D G
L T T R R I N C L T C P R
E A H H T N D K O A R U K
R N Y D R D D K H N V O T
A C T D D N B F E D M W O
N E F R I E N D K I R P A
C O M P A S S I O N L B Y
E F S V N S Y K F G T F E

Word Bank

COMPASSION       HEART       EMPATHY
UNDERSTANDING    SUPPORT     KINDNESS
ACCEPTANCE       RESILIENCE  FRIEND
TOLERANCE
Take-Home Activity
By the Book

Your child has been learning about compassion at school and this activity is designed to extend the learning at home.

In this activity, your child will have a chance to try out an act of compassion that they read about in a book.

**STEPS:**

1. Talk with your child about books they like that feature characters being nice to each other. Tell them that “compassion” means recognizing when others are hurting or struggling and being kind and willing to help.

2. Help them identify an act of compassion from one of their favorite books. Children may know that a character is nice but may also need help identifying the actual act of compassion, such as listening to a friend, helping someone complete a task, or making sure someone is okay after they fall down.

3. Think about a way that you and your child can practice the type of compassion you identified together. It may be having a good conversation with a friend or family member, helping someone with a chore, or checking in on someone who’s been sick or sad.

4. Pick one way your child would like to show compassion and help them complete this sentence:

   I will show compassion to __________________ by ________________.

5. Help them carry out the act of compassion.
This activity is designed to be completed individually.

**STEPS**

1. Create a list of ways your students could show compassion to themselves, their classmates, the staff at school, family members, and neighbors. Write the list on the board and review it with students.

2. Have each student select 5 ideas from your list for their own compassion card (one idea for each box on the card). Support students who aren’t writing yet by jotting the ideas on their cards or allowing them to draw something to represent the idea (e.g., a broom or sink for helping with housework).

3. Decide on a period of time (perhaps one week, or Fridays for one month) during which students will track their acts of compassion on their cards. Or, if you prefer, leave it up to the students and do not track the activity.

4. As appropriate, check in with students about their progress and how it feels to act with compassion.

5. Consider establishing a celebration for students when they complete their cards or have them reflect on the experience.
Classroom Activity

Compassion Card

Directions: Put one compassionate act from the list of ideas in each box. Check off the box when you have completed the compassionate act.
ANSWER KEYS
Key: Crossword Puzzle (easier)

Key: Crossword Puzzle (harder)
Key: Word Search (easier)

C E C W M G B C O V
V G P Y F D Y O J F
F R I E N D Y M C O
U A R H R I P W M
C C Y E T H E A R T
F E E L I N G S T S
Y J U P L K A S Y N
E P H A C A R I N G
O M G S U P P O R T
T A U S N R C N W M

Key: Word Search (harder)

Y B N S T H G N V U M D T
C A R E S I L I E N C E E
M C E G U T L G D D N W F
H C M T P M A R N E A Y S
T E P M P L R O S R H S U
O P A N O K T U G S W D G
L T T R R I N C L T C P R
E A H H T N D K O A R U K
R N Y D R D D K H N V O T
A C T D D N B F E D M W O
N E F R I E N D K I R P A
C O M P A S S I O N L B Y
E F S V N S Y K F G T F E
Mystery Word Decoder

H U G

A = ○
G = ●
L = ○
P = ●
S = ●
T = ●

H E L P

E = ○
H = ○
O = ●
R = ●
U = ●

H E A R T

A = ○
E = ●
R = ●
T = ●

S U P P O R T

T = ●